

KUKODWA OKUFANELE UKUQONDE NGOKUSABALALA KWE- COVID-19 CORONA VIRUS*

*AmaCoronavirus angumndeni onmkhulu wamavayirasi angabanga ukutheleleka ekuphefumuleni kusukela emkhuhlaneni kuze kufike kokunzima iMiddle East Respiratory Syndrome (MERS) neSevere Acute Respiratory Syndrome (SARS).

Ivayirasi isabalala uma engena



Ngakho-ke uma ubona umuntu okucacayo ukuthi uyakhwehlela/uyathimula/uyagula, ungakhetha ukuba:

1. Qhela, ushiye ibangana.



(Ingxenye yemitha (0.5m) kuya kwamabili (2m) kuzokwenza uphephe emaconsini amakhulu)

2. Gwema izixuku



(Abantu abathelekile kungenzeka bangakhombisi izimpawu yize bethalelekile)

Kungenzeka amathe omuntu ogulayo afinyelele kwezinye izinto...



Uma kwenzeka uthinta okunye kwalokhu ngengozi bese uthinta ubuso, ucikice amehlo, noma ubuso besihlobo, ningazithola senigula.